



BETWEEN Us... Briefly

Newsletter for residents, tenants, family and friends, staff and volunteers of Perley Rideau

New Security Measures

In response to recent events, Perley Rideau has instituted enhanced security measures as a precaution. These measures include restricting access to the main entrance, designated as 1750, and adding extra staff to manage the flow through this entrance. As a reminder, staff is required to carry their ID badges at all times.

"We always err on the side of caution when considering the safety of our residents, tenants, employees, volunteers and visitors", stated Akos Hoffer, Health Centre CEO. "Thank you for your support, cooperation and continued vigilance".

Implementing New Technology – Point of Care

As announced in our special bulletin of October 15, Point of Care was launched on G2N and G2S. On hand to celebrate were



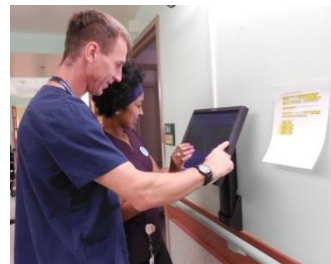
the Health Centre CEO Akos Hoffer and Chief Nursing Officer Linda Hunter who graciously agreed to cut the cakes on both units to commemorate the day.



Start-up went smoothly. The system appears to be intuitive - easy to learn and easy to use. We will be following up carefully in the weeks ahead to make sure that the benefits of the new system are being achieved.

Implementation across Gatineau and Rideau units will be scheduled as soon as the system is running consistently in the first two units on Gatineau. We also intend to progressively expand the types of data we track in the system to ensure that we do not overload staff.

The Ottawa units will be last because some of the screens will need to be adapted to convalescent care.



Super users will continue to assist in training; please do not hesitate to contact them if you need assistance with the system.

Employee Appreciation Day

On October 2, employees were recognized for having achieved 5, 10, 15, 20, 25, 30 and 35 years of service. On hand were Health Centre Board Chair Michael Jeffery and CEO Akos Hoffer. "Each year, we have a special day to recognize and appreciate the dedicated efforts of all of our staff. Thank you all for your invaluable contribution."

35 years



From left to right:
Akos Hoffer,
Eileen Labonte
and Michael
Jeffery

30 years



From left to right: Michael Jeffery, Stephen Roy, Monica Pereira and Akos Hoffer

25 years



From left to right: Michael Jeffery, Lena Nelson, Myrtle Griffith, Melodie Rattray and Akos Hoffer

Absent: Georges Amigao, Barbara Brown, Erlinda Coligado, Joanne Letang, Debora McClymont and Chris Ukleja

20 years



From left to right: Michael Jeffery, Donald Humphries and Akos Hoffer

Absent: Cindy Hagley, Lorraine Harper, Wickley Jones, Mayimuna Kenyi and Martin Tetteh

"Together we improve the well-being of the people we serve."

15 years



From left to right: Akos Hoffer and Michael Jeffery, Barbara Wilson, Emmanuel Okonkwo, Sandra Monforton, Adriana Herrera, Augustine Ebella, Sharon Dunnigan and Aston Westcarth.

Absent: Evangeline Agamos-Viegas, Kingston Akor, Patricia Bazinet, Sylvia Beaudoin, Vicki Burch, Ceciel Dente, Wilma Feenstra-Vassil, Patrick Eric Hamel, Louisa Hickson, Boris Khavich, Karen Mahoney, Laurie McClelland, Robert McIntyre, Cherie McKnight, Angeline Padasen-Comeau, Lorraine Sullivan and Maria Wrzesniewska.

10 years



From left to right: Michael Jeffery, Arthur Yrenaya, Carolyn Vollicks, Walter Trepiaik, Page Smith, Mary Ann Smith, Melissa Needham, Jean Michelet Jean, Melanie McCully, Gloria Manuel, Bayan Mahmud Habib, Harpreet Dhesi, Jeannette De La Cruz, Colleen Barbier, Philip Asiddao and Danilo Chua

Absent: Azeb Aberha, Anide Adolphe, Tinonla Agboh, Edgardo Arciaga, Brenda Atwood, Gifty Baffoe, Candida Baird, Meseret Befkadu, Irina Berseneva, Christine Boisclair, Joyce Chenoweth, Eleticia De La Cruz, Lisa Garrard, Tammy Gorman, Cheryl Homuth, Jin Hwa Hong, Run Ige, Valentin Kungurov, Leanne Lafrance, Maria Lozada, Susan Lurk, Laura MacIntyre, Deeqa Magan, Georgena Meldrum, Julliet Nassuuna, Margaret Newby, Phang Nino, Sabrina Passe, Heather Dawn Rodgers, Sarah Swales and Gloria Torres.

5 years



From left to right: Akos Hoffer and Michael Jeffery, Saba Woldemichael, Kerry Tubman, Margaret Nanjobe, Debra Mannard-Newby, Editha Laurente, Harpreet Kaur Khosa, Karen Gibson, Blessing Chimezieh, Geraldina Carvalho, Debbie Heika, Sousan Jabbariazar, Joseph Dumont and Andréa Fabricius

Absent: Monica Bourque, Heleny Catherine Campeau, Eleanor Collado, Lalis Dinka, Shaffi Dutta, Irene Eguavoen, Elva Ford, Jennifer Golan, Katty Granados, Jovita Hogan, Karen Lasalle, Innocent Magocha, Gene Manaois, Caroline Merguerditchian, Julianna Michel, Cefie Remy, Diana Sutherland, Natacha Thelusma, Glenda Tompwe Manengu, Mira Vidal, Neisha Williams and Jeannine Zacconi.

Recent Retirees

*We would also like to recognize those who retired between
October 1, 2013 and October 1, 2014.
We are very proud of your accomplishments.*

Kerry Kelly 36.25 years
Don Davidson 33 years
Merv-Taylor Morin 30.5 years
Flor Munoz-Torres 15 years
Kusum Karunaratne 14.5 years
Judy Ward 13.75 years
Bonnie Baird 10.5 years
Donna McCann 10.25 years

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A Letter of Thanks!

I wanted to share with you a letter recently received from a family member. Special care like this is provided by many of you every day, and this letter expresses how each individual's efforts are so important. Thank you!

"Dear Mr. Hoffer:

Please accept this letter of appreciation of the Perley Rideau Veterans Home, and in particular one of your staffers. Amongst all of the superb professionals, Brenda Evershed especially stands out.

Brenda has been a rock of support for my parents, Leslie and Hilda Bowley, since they moved to the Perley Rideau on June 17th. She was the driving force behind getting both their beds into one room so that they could continue to sleep together as they have for the last sixty nine years, while helping them set up the second room as a cozy sitting room with their desk and television.

Brenda has intervened on several occasions to get my father to make good decisions using a blend of reason, country charm and gentle persistence. My father is generally not easily persuaded, but Brenda has been invaluable in helping him adjust to life at the home and to accept medical intervention as required.

Although I would be flattered to think that my parents are special to Brenda, I have had many an occasion to watch her in the hallways and dining area work with other seniors, and with each one of them she works her magic.

Reflecting on these interactions, I have come to understand her secret: she treats each of her charges with great respect and sees the dignity and pride which so often is crushed and hidden within the frail bodies of the seniors.

We are very grateful for all of your excellent caring and compassionate professionals.

*Sincerely,
Norman Bowley"*

Municipal Elections Where to Vote on Monday October 27

Permanent long-term care residents and tenants can cast their ballot on Election Day during the times listed at one of the following three voting stations.

GATINEAU 2 NORTH
from 10:00 am to 12:30 pm

RIDEAU 2 NORTH
from 1:30 pm to 4:00 pm

OTTAWA 2 EAST
from 5:00 pm to 8:00 pm

Evacuation Exercise

Please note that we will be testing our Code Green Evacuation policy and procedures at the end of October 2014 with a mock internal evacuation exercise. We are pleased to report that we have partnered with 40 Algonquin College nursing students who will be acting as residents, so that none of our residents will be inconvenienced during this event.

We look forward to your support.

If you have any questions or concerns, suggestions related to emergency procedures, please contact Kerry Tubman at extension 2110.

Two New Surveys for Residents and Family

On November 19 and 20, Perley Rideau will be conducting two new surveys – one for residents of our Long-term Care Centre and one for family members of residents in Long-term Care. Each survey consists of 15 questions and should take no more than 10 minutes to complete. This streamlined process replaces the versions of past years.

The survey for family members of residents in the Long-term Care Centre is available online until November 30, 2014. To fill out the survey, click on the link below.

<https://www.surveymonkey.com/r/PerleyRideaufamily2014>

You will also be able to fill out the survey in a paper format at the Centre if visiting during the month of November.

Fall Prevention Fair



WHO: We are three 4th year University of Ottawa Nursing Students, Wil, Chelsea, and Chelsea.

WHAT: We are working on a Fall and Injury Prevention Project to benefit the residents of the Perley and Rideau Veterans' Health Centre Senior Village.

WHEN: We will be having an event on **October 30th** in the cafeteria from 8am – 4pm.

We hope to see you there!!
Remember: Call, Don't Fall!

Family and Friends Council (FFC)

Please be sure to mark **November 20th** on your calendar and plan to attend the **FFC Annual General Meeting** when elections to the Executive will take place. We encourage, and welcome, members to volunteer to serve on the Executive.

Once the regular business items are concluded, we'll have the pleasure of listening to a presentation entitled "**Living Large with Dementia**" with presenters **Jennifer Ellis, Director of Nursing Practice** and **Darlene Yue, Special Approach PSW at Perley Rideau** and **RN Debbie Foster of the Royal Ottawa**

"Together we improve the well-being of the people we serve."

Hospital. As is customary at meetings, there will be ample opportunity for dialogue following their address.

During October's meeting we saw the tip of an iceberg as we listened to **Chaplains Sherry Baker and Father Paul Tennyson** and learned that presiding at Church Services is only part of what they do at Perley Rideau. We learned so much, for example: shortly after each resident arrives they're visited by a Chaplain who also makes hospital visits, and spiritual care extends to family members. Our Chaplains preside at Remembrance Day, Memorial Services and funerals, to name just some of their activities. With Perley Rideau being home to over 400 residents, readers can well appreciate just how large a congregation is in their care — when one learns that their two positions combined equal 1 full time equivalent, one begins to realize just how full their days at Perley are. Clock punchers Sherry and Father Paul are not! A few participants, in yet another well attended meeting with families representing all three residence buildings, attested to the comfort and difference our Chaplains had made in the concluding days of the lives of their loved ones and appreciated the opportunity to publically acknowledge those gifts of presence. The presentations generated numerous questions and a good discussion.

LATE BREAKING NEWS FLASH

The 18th December [Thursday evening] Council meeting has been cancelled because it conflicts with numerous pre-Christmas family events. The current plan is for the Council to replace this meeting with one in July or August. Please watch this space for news as plans develop.

The mission of the Family and Friends Council [FFC] is to improve the quality of life for all residents by promoting an atmosphere of compassionate care and support amongst family members, friends, volunteers and staff. Participation is open to family members of residents, former residents of the Perley Rideau Veterans' Health Centre, and persons of importance to residents who are committed to acting as advocates.

Council meets the 3rd Thursday of each month at 7:00 pm, except in July and August. Meetings provide opportunities to learn more about life at Perley Rideau, to share experiences and to support one another.

For questions about the Council please contact Ray Bailey, Chair at 613-741-0282 or by e-mail to: familycouncil.prvhc@gmail.com

To Parents of Grade 9 Students

This year "Take Our Kids to Work Day" is on Wednesday, November 5. To register your child, you can pick up a form from both Human Resources Information Bulletin Boards. You must obtain your Manager's approval by having your Manager sign the form before it is returned to Human Resources by Friday, October 31.

We hope your child will develop an appreciation for the work you do at the Perley Rideau and your role in supporting your family.

Two Options for the Grade 9 Student

The student is in an organized program all day from 8:30 a.m. to 3:00 p.m. (*Meets at 8:30 a.m. in Conference Room #6 at #2200 – Old Pharmacy*)

or

The student spends the morning in an organized program in which topics such as the resume, the interview, background on Perley Rideau, a tour and various careers will be covered. (8:30 a.m. to 12:00 noon at the Conference Room #6 at #2200). The afternoon will be spent with the parent.

Students will meet in the Conference Room upstairs at 2200 (Old Pharmacy) for 8:30 a.m. on Wednesday, November 5, 2014.

For more information, please contact Elia Touesnard at ex. 2356 or email etouesnard@prvhc.com.

Second World War Tribute Request

To mark the 75th anniversary of Canada's engagement in the WWII, living Canadian veterans of the Second World War may request a special commemorative lapel pin and certificate of recognition.

The application forms are available online from Veterans Affairs Canada (VAC), at the VAC office in the Perley Building (first floor to the right of the Gift Shop and the Foundation Office) or from the Recreation Therapist in your building:

Rideau - Cassy Hopkins ext. 2125
office by the R2N Communication station

Ottawa - Robyn Oraziotti ext.7435
office by the O1W communication station

Gatineau - David Harris ext. 7735
office by the G1N communication station

Way to Go Judy Woodstock!

Congratulations to Judy and her brother Lyoness Woodstock, who were recently inducted into the Ottawa Valley Country Music Hall of Fame. Judy and Lyoness have had a long and successful career in the music industry. They continue to perform throughout the Ottawa Valley and Western Quebec and recently formed the Gospel Matters Band.

Payroll Winners - \$100

September 25 Draw:

Kristin Brown - Gatineau 1 North
Diana Sutherland - Housekeeping

October 9 Draw:

Christine Blanchette - Human Resources
Lorie Stuckless - Support Services

October 23 Draw:

Kameika Francis - Gatineau 2 South
Russ Tattersall - Human Resources

Next draw:

November 6, 2014

Between Us Briefly, Vol. 17-10

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**Deadline for submission of articles
for next issue:**

Wednesday, November 19, 2014