## Perley Health's Quick Tips

# 6 Key Elements of an Effective Skin and Wound Care Program





# The Impact on Perley Health

By introducing these six key elements in 2021, Perley Health sustainably achieved

52%

decrease in the average of worsening pressure injuries

56%

decrease in the average of skin and wound infection rates

# 6 Key Elements Implemented by Perley Health

#### 1- Validate the Data

This will become your baseline data from which you will measure the impact of your solutions.

- Wounds can be mistaken for pressure injuries
  - Confirm etiologies of all wounds.
- Ensure the accuracy of this data
  - Establish pressure injury definitions.
  - Educate the care team on different wound etiologies.
  - Ongoing assessments of wounds by trained wound care champions.

#### 2- Standardize Assessments

- Be evidenced based
  - Choose validated skin and wound assessment tools.
  - Custom make your own evidence-informed assessments, if needed.

### 3- Standardize Treatment Scheduling

- Make scheduling tasks faster and clearer
  - Choose one accessible location for scheduling treatments.
  - Create editable text templates for wound care tasks.
  - Synchronize scheduling frequencies of wound tasks with other routine schedules (i.e. Aligning wound dressing changes with bath times).

## 4- Streamline Product Supply

- · Make point-of-care decisions easier, faster and safer
  - Offer a limited, but curated, supply of skin and wound care products.
- Reduce wasted products
  - ✓ Store product supply in designated, organized spaces.
  - ✓ Plan a clear re-ordering process.

#### 5- Avoid Contamination

- Target the biofilm
  - ✓ Use a wound cleanser that contains surfactant.
- Remove vectors
  - Do away with wound carts and bins, as they carry pathogens.

- · Keep it sterile
  - ✓ Use gauze in individual packages.
- · Create a clean treatment surface
  - ✓ Don't use towels or cloths under wound treatments. Switch to clean procedural pads instead.

#### 6- Invest in Key Resources

- Enhance the quality of your Skin and Wound Care Program
  - Hire or contact certified skin and wound care specialists.
  - Purchase tools to make wound care assessment and treatment easier, faster and more effective.
  - Contact the knowledge translation team at Perley Health.

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For more information visit: PerleyHealth.ca/oltca-2023





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