

Family and Friends Council Monthly Meeting Notes Perley Health

Date	Thursday October 17, 2024
Time	7:00 PM EST
Location	Zoom

Topics	Topics		
	General Management Update		
	<u>Melissa Norman</u> , Director of Quality and Interprofessional Care, provided a management update.		
	• The annual planning for the new year begins this fall, with the annual survey launched on April 1. Quality improvement data and the results of interest surveys will guide the group's priorities.		
	 There will be a continued enhancement of end-of-life and palliative care processes. The emphasis will be on supporting staff and engaging with residents and families to plan meaningful end-of-life experiences. 		
1	 Resident emotional well-being has also been identified as a key area for continuous improvement. 		
	 There is a need for proactive discussions regarding care goals to avoid unnecessary hospital transfers for residents. 		
	 The FFC emphasized that a heightened focus is needed on hand hygiene practices to improve compliance rates. 		
	• The flu vaccination campaign has achieved a third of the staff vaccinated on Day 2. For the community, the primary barrier to higher vaccination rates is the availability of vaccines, which the Infection Prevention and Control (IPAC) team is addressing.		
	• A group of consultants has been appointed to create a cohesive interior design plan for Perley. Focus groups will be established to gather input from residents and families on design elements.		

	 The preparation for Remembrance Day includes a resident-led poppy campaign, and a ceremony with an expected attendance of approximately 800 people. Each resident will be allowed to bring one visitor to the event. There is a walkway on the second floor that overlooks the cafeteria, providing an additional standing viewing area for those who wish to attend. This event consistently draws a large crowd, and Perley expects around 800 attendees. Please note that parking is likely to fill up quickly. Management reports that staffing is going well. The situation is stable, with very few vacant positions across all groups.
	Intergenerational Childcare
2	 <u>Casandra Boushey</u>, Project Manager of Corporate Planning and Implementation, delivered a presentation on intergenerational childcare at Perley Health. The agenda covered funding and timelines, stakeholder engagement, Centre of Excellence (COE) research, as well as design. A building permit has been submitted to the City of Ottawa, and the detailed design of the project is 90% complete, reflecting significant progress made over the past couple of years through extensive stakeholder engagement. Preliminary approval has been received from the Ministry of Long-Term Care. Integration remains a key priority for Perley, emphasizing their desire to be more than just a co-located facility. Securing crucial support from the Perley Health Foundation is essential. Benchmarking has been conducted on an international scale to inform best practices. The benchmarks appear reasonable according to the Andrew Fleck Children's Services (AFCS). Providing childcare for staff's children is considered a priority and is viewed as a strategy for enhancing staff retention. The project has been approved for 49 Canada-Wide Early Learning and Child Care (CWELCC) funded spaces. Meals will be prepared in the Perley kitchen, and lunches may be served in the cafeteria. The COE completed a program evaluation focusing on intergenerational interactions between seniors and children. Further studies will investigate the benefits of this programming, with the aim of contributing a Canadian perspective to research.

	 The initiative seeks to enhance mental health, reduce loneliness, and promote social engagement for seniors while also delivering positive outcomes for children. To advance this, financing needs to be secured in the upcoming months, with a target for construction to begin in early 2025, expected to last approximately one year. For more information, please contact Cassandra Boushey by telephone at 613-526-7170 ext. 2161 or by email at cboushey@perleyhealth.ca.
	Physiotherapy
3	Louis-Matthieu Dorval, Lead Physiotherapist (PT), presented an overview of physiotherapy services at Perley.
	• The physiotherapy program includes services for long-term care residents, a convalescence program, and an outpatient clinic, the Care Clinic. The Care Clinic will soon expand to offer audiology, speech therapy, and massage therapy.
	• All new admissions to long-term care are assessed by a PT within three business days to determine eligibility for physiotherapy and establish a care plan. Recommendations, including transfer status, are provided to unit staff. Residents are reassessed quarterly every three months.
	 PTs will also identify the appropriate mobility aids required for residents. They are authorized as registered Assistive Devices Program (ADP) providers.
	• Each building has a designated treatment room equipped with therapy tools, purchased with the support of generous donors.
	 There are three physiotherapy assistants (PTAs) who are assigned to specific residents. PTAs meet weekly with the PT to update care plans.
	A copy of the presentation will be sent to the FFC distribution list.
4	Next Meeting
	The next FFC meeting is Thursday November 21 st .