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| Date | Thursday June 20, 2024 |
| Time | 7:00 PM EST |
| Location | Zoom |

| Topics | |
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| 1 | Welcome and updates |
| | Welcome by Heather Moxley. |
| 2 | Management Update – Mary Boutette, Chief Operating Officer |
| | <p>Mary encourages all family members to engage with the team providing care to your loved ones. Each building is supported by a Residence Care Manager – Kerry Tubman (Gatineau), Sam Diceman (Rideau), and Stephanie Kim (Ottawa). Each building also has a PSW Supervisor.</p> <ol style="list-style-type: none"> 1. The Ministry of Long Term care has provided direction to have 17 of the 34 convalescent care beds converted to Long Term Care designation to help address the long wait list for community care. Since the pandemic most of the hospitals that would have transferred convalescent care patients to Perley Health have developed their own dedicated convalescent care sites. Since the unit reopened after the pandemic it has been running about half full. Planning is underway to reopen the 17 beds to LTC in October. <ol style="list-style-type: none"> a. A question was asked about the staffing on the Convalescent Care unit – the roles provided a different cross section of opportunities and it is hoped that this would still persist for the staff. Mary responded that, yes, as there are still 17 convalescent care beds there is still a need and opportunity. 2. Foot care nurse – Perley Health insourced this role from a private agency. Funding for an additional specialty trained RPN had been obtained. The second RPN has now upgraded to an RN and has taken an RN role at the Perley. A search is on for a second RPN and then expansion of the role to tenants and others will continue. 3. Staffing levels – Perley Health has decreased the pandemic |

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| | <p>induced turnover rate for professional staff and in particular has been successful in hiring into the RPN positions, as this is a role in high demand around the city in all health facilities. One positive outcome of the increased staffing levels is the ability to grant vacation days over the summer.</p> <p>4. Perley Health Foundation – a number of families, residents and staff dropped into an all day (until 11:30 pm) session this week to look at ideas to be added into the priority needs list for Foundation funding. Thank you to everyone who participated or sent along ideas.</p> <p>5. The Perley Post – Mary highlighted a new broadsheet – The Perley Post. Set up like a newspaper it has community stories and information. It is distributed monthly to the rooms/units. Please feel free to read the stories to your loved ones.</p> |
| 3 | <p>Perley Health Foundation – Courtney Rock,</p> <p>Grateful Family Program – Perley Health Foundation is pleased to share the launch of a new program to recognize staff for the exceptional care they provide.</p> <p>When you donate through this program the staff member being recognized will be awarded a Champion of Care pin and certificate.</p> <p>To learn more about the program please contact Courtney Rock at crock@perleyhealth.ca, 613-526-7173 or stop by her office (located by Deborah’s gift boutique).</p> <p>To make a donation visit: https://perleyhealthfoundation.ca/champions-care</p> |
| 4 | <p>German Chique-Alfonzo, Education Coordinator, The Dementia Society</p> <p>German presented the various types of dementia, the current research and strategies, preventative health opportunities, services of the Dementia Society for both the person who has dementia and their caregiver. Please see the attached presentation and feel free to contact German directly:</p> <p>German Chique-Alfonzo (he/him il/lui) Education Coordinator Coordonnateur de l'éducation</p> <p>The Dementia Society La Société de la démence Ottawa & Renfrew County</p> <p>(613) 604-9830 ext.3115 gchique-alfonzo@dsorc.org DementiaHelp.ca</p> |

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| 5 | Wrap up |
| | A repeated welcome and thank you to all the families and friends who attended. |
| | We would be very happy to hear your ideas for the content of future Family and Friends Council meetings. |
| | Please email familycouncil.perleyhealth@gmail.com for further information or to be added to our distribution list. |
| | Enjoy the summer – the next session will be Thursday, September 19 th . |