

**Family and Friends Council
Monthly Meeting Notes
Perley Health**

Date	Thursday April 18, 2024
Time	7:00 PM EST
Location	Zoom

Topics	
1	<p>The Magic Table</p> <p><u>Danielle Sinden</u>, Director of Center of Excellence and Research Operations, discussed the implementation of the Magic Table, or <i>Tovertafel</i> in Dutch!</p> <ul style="list-style-type: none"> • A meaningful activity: recent funding from the Royal Canadian Legion and Deborah's Gift Boutique secured resources for three (3) additional Magic Tables located in G1S, O2W and in the game room. • A simple technology: the ceiling-mounted projector for interactive games promotes cognitive stimulation and social connections, it is tailored to individual interests for residents, tenants, family and friends. • Flyers will be distributed across the homes with demonstration training sessions for volunteers, caregivers, and families continuing on request. <p>To learn more, reach out to centrefexcellence@perleyhealth.ca.</p>
2	<p>New Communication Options</p> <p><u>Meg O'Connell</u>, Senior Communications Specialist, presented two (2) news pilot projects regarding Perley communications.</p> <ul style="list-style-type: none"> • The Perley Health Blog, a new webpage offering a wider range of material than the Community Report, will function as an online journal with adaptable content schedules and open public access. • The Perley Post, a newspaper-style newsletter

3	<p>Resident Engagement</p>
	<p><u>Heather MacLeod</u>, Knowledge Translation Specialist, and <u>Linda Hunter</u>, family member, informed about an upcoming meeting.</p> <ul style="list-style-type: none"> • Funding was secured for a meeting focusing meaningful and authentic engagement with residents and families in research projects across the long-term care sector and at Perley. The meeting is on Wednesday May 29 from 10:00 AM to 3:00 PM at Lupton Hall. • The meeting will host 30 participants, with at least half being residents and families. It seeks to set an innovative model framework within the long-term care sector in Canada, aiding in the creation of a roadmap to achieve desired goals. There is no fee, and includes an honorarium, and lunch. <p>If interested to attend, email centreofexcellence@perleyhealth.ca.</p>
4	<p>Quality Improvement Plan Update</p>
	<p><u>Melissa Norman</u>, Director of Quality and Interprofessional Care, presented an overview of the areas of focus aligned with the 2021-2022 survey outcome: meaningful activities and dining experience.</p> <ul style="list-style-type: none"> • Change ideas discussed include introducing intellectual programs like advanced trivia, lecture series, documentary nights, and book clubs, alongside calendar adjustments such as a master calendar in the cafeteria, a special events calendar, and on the website and TVs. The team is also considering timing changes for programs to reduce overlap. • A family perspective led to the adaptation of the "All About Me" tool, focusing on enhancing social engagement and guiding staff on meaningful resident activity engagement. An updated poster for resident rooms will be implemented, with a trial set for G1S in May. • The dining improvement team aims to enhance mealtime enjoyment by implementing small changes such as serving everyone at the table simultaneously. Guiding principles for all dining rooms will be established to ensure consistency. <p>The next FFC meeting will proceed with the latest survey results. A copy of the presentation will be sent to FCC members.</p>
5	<p>Next Meeting</p>
	<p>The next FFC meeting is Thursday May 16 at 7:00 PM EST.</p>