

Strategies that Support Aging in Place: A Global Perspective on Models for Veterans' Health and Well-Being

This report focuses on aging in place for Canadian Veterans. With approximately 42% of Canadian Veterans over 65, ensuring their ability to age with dignity and maintain a high quality of life is crucial.

The report comprises three main components:

1. An environmental scan of academic and grey literature on aging in place, identifying best practices and factors influencing aging in place.
2. A scoping review on aging in place for Veterans, including home care models, best practices, challenges, and factors related to aging in place.
3. An overview of current programs and services supporting Veterans' aging in place across Canada, with a Gender-Based Analysis Plus lens to identify gaps for minority groups.



Key Findings:

- Aging in place is complex and influenced by various factors, including community accessibility, housing, home care, technology, healthcare, education, social support, and resource disparities.
- Collaboration between Veteran and non-Veteran organizations is essential for meeting the unique needs of Veterans.
- Although programs and services for aging in place are widespread in Canada, their effectiveness in meeting the specific needs of Veterans remains unclear.
- There is a scarcity of programs and services for minority groups.

Recommendations:

- Creating age-friendly neighbourhoods, implementing home modifications, fostering effective home visits, promoting multidisciplinary approaches, and exploring community-based housing models.
- Enhancing collaboration between Veteran and non-Veteran organizations to leverage expertise and resources.
- Acknowledging and addressing the unique needs of minority groups within the Veteran population.
- Further research to develop evidence-based strategies for supporting aging in place among Canadian Veterans.

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