

Cafeteria Menu

Hours: 8 am - 7 pm

Daily Special/Grill/Fryer items: 11 am- 6:30 pm

Breakfast (Available All-day)

1 Egg Breakfast	\$5.75
1 Egg Breakfast with Juice	\$6.99
2 Egg Breakfast	\$6.75
2 Egg Breakfast with Juice	\$7.99
Bagel	\$1.55
Cream Cheese	\$0.50
Breakfast Sandwich	\$3.75
Breakfast Sandwich on a Bagel	\$4.25
Western Omelette	\$3.99

Sandwiches

Chicken Burger	\$5.10
Combo*	\$8.10
Club Sandwich	\$6.99
Combo*	\$9.49
Grilled Cheese	\$3.99
Combo*	\$6.99
BLT	\$4.19
Combo*	\$7.19

Burgers

Hamburger	\$4.29
Combo*	\$7.99
Cheeseburger	\$6.19
Combo*	\$9.19
Bacon Cheeseburger	\$6.89
Combo*	\$9.89
Hot Dog	\$2.75
Combo*	\$6.45

Beverages

Small Coffee/Tea (10 oz/296 mL)	\$1.33
Medium Coffee/Tea (16 oz/473 mL)	\$1.55
Large Coffee/Tea (20 oz/591 mL)	\$1.77
Canned Drink	\$1.50
Bottled Drink	\$2.25
Bottled Juice	\$2.62
Bottled Water	\$1.99
Vitamin Water	\$2.62
Small Milk	\$1.75
Large Milk	\$2.31
Energy Drink	\$3.54

Sides

Small Fries	\$2.49
Large Fries	\$3.49
Small Poutine	\$4.49
Large Poutine	\$7.49
Small Sweet Potato Fries	\$3.29
Large Sweet Potato Fries	\$5.29
Small Onion Rings	\$2.99
Large Onion Rings	\$4.49
Soup	\$1.99

Snacks

Chips	\$1.43
Fig Newton	\$1.50
Fruit	\$1.00
Kind Bar	\$2.10
Digestive Cookies (2pc)	\$0.95
Cereal	\$1.00
Oatmeal	\$1.80

Cold Snacks

Cheese Pack	\$1.86
Fruit Cup	\$3.29
Yogurt	\$1.00
2 Boiled Egg Pack	\$1.99
Hummus & Crackers	\$3.85

Sweet Treats

Baked Cookie	\$0.95
Muffin	\$1.43
Cake	\$2.99
Butter Tart	\$1.43
Square	\$1.43
Chocolate Brownie (GF)	\$2.99

Cold Meals

Small Salad	\$3.49
Large Salad	\$4.99
Sandwich	\$3.99
Croissant Sandwich	\$4.75

View menu online: PerleyHealth.ca/menu

Prices shown are without applicable taxes.

* Combo: 'Selection' + Small Fry + Pop (Can or bottle).

Sides and drink substitutions extra.