



Date	Thursday February 20, 2025
Time	7:00 PM EST
Location	Zoom

Topics	
1	Welcome
	<u>Heather Moxley</u> , Chair of the Family and Friends Council (FFC), welcomed everyone at the meeting.
2	Management Update
	<p><u>Mary Boutette</u>, Chief Operating Officer (COO), provided a general management update.</p> <ul style="list-style-type: none"> • There is construction down the main hall to create a living classroom for training PSW and RPN in partnership with Algonquin. The programs are growing, and a grant has secured new space for these initiatives. • Progress is being made towards building the intergenerational childcare facility. Work could be tendered as early as summer. Andrew Fleck is the partner funding the operating portion, and the foundation has started raising awareness. The intergenerational playgroup has been a huge success. • Perley is continuing its roof maintenance. After replacing a portion last year, work will be completed in the Perley Center and Ottawa building, providing a permanent fix for the large facility. • Plans are in place to redo the dining rooms by removing glass walls in the Rideau building to create more communal space and improve seating arrangements for residents. This follows the interior design master plan to create a homelike atmosphere that meets all required standards for control and durability.

	<ul style="list-style-type: none"> • The feasibility of capital expansion on campus is being evaluated. Keep an eye out for potential engagement opportunities. • The Therapeutic Recreation and Creative Arts team led the annual Winterlude on February 19, which included activities and even an interior snowball fight. There was great feedback from all participants, and everyone had fun. • For nursing and care matters that are not addressed at the unit level with the registered staff, caregivers and visitors can contact resident care managers, who are the first point of contact, at 613-526-7170 and their extension: <ul style="list-style-type: none"> ○ For Gatineau building: Kerry Tubman, ext. 2110. ○ For Rideau building: Samantha Diceman, ext. 2113. ○ For Ottawa building: Stephanie Kim, ext. 2405. <p>They are responsible for the daily provision of consistent quality care. For Director of Support Services, Lorie Stuckless, use ext. 2603.</p>
3	<p style="text-align: center;">Recreation Therapy and Creative Arts</p> <p><u>Michelle Proulx</u>, Manager of Therapeutic Recreation and Creative Arts, discussed the diverse range of options her team offers for residents.</p> <ul style="list-style-type: none"> • Care plans are built from a psychosocial perspective, covering spiritual, social, emotional, mental, intellectual, and physical well-being. Each activity targets a specific domain of wellness, and it takes time to build residents' confidence to participate. • Perley highlights their individualized approach, including one-on-one motivation and personalized engagement with residents. Activities are identified based on needs and interests. Popular activities include music groups, bingo, and BBQs. • The team seeks to know residents past skills and abilities to aid in restorative work and develops and adapts programs based on individual needs, which requires extensive staff knowledge. • There is a proposal to introduce a family portal at Perley, where activities are tracked in software to monitor engagement. This would allow families to view a digital calendar and activity log with real-time updates and statistics on their loved ones' participation.

	<ul style="list-style-type: none"> • The tenant art program is very popular, and they are finalizing the procurement of varnish for artwork, with testing expected in early March. • The team will also explore Reiki as a possible new activity following an inquiry. • Michelle mentioned the expansion of the Magic Table project, with four currently in use across various locations (G1S, R1N, O2W and in the Games Room). Initially a research project, it is now part of ongoing recreation projects. They are exploring the possibility of a mobile Magic Table, popular in Europe, pending electrical certification in Canada.
4	<p>Next Meeting</p>
	<p>The next FFC meeting will be Thursday March 20.</p> <ul style="list-style-type: none"> • The meeting will take place in-person in the Games Room at Perley in the afternoon, with the exact time to be determined. <p>If you have any comments, suggestions or questions about the FFC, email familycouncil.perleyhealth@gmail.com.</p>