



Date	Thursday January 16, 2025
Time	7:00 PM EST
Location	Zoom

Topics	
1	<p>Welcome and updates</p> <p>Welcome by Heather Moxley. A special welcome to all the new to Perley Health Family members.</p> <p>The 2024 Family and Friends Council Annual Report was introduced. Please feel free to share it. The Report will be provided to the email distribution list with these notes.</p> <p>The FFC also heartily encouraged family members to join the executive of the council – there is one monthly meeting for planning and meeting with various management team members and the monthly meeting such as this one.</p>
	<p>Management Update</p> <p><u>Mary Boutette</u>, Chief Operating Officer. Mary encourages all family members to engage with the team providing care to your loved one. Each building is supported by a Residence Care Manager – Kerry Tubman (Gatineau), Sam Diceman (Rideau), and Stephanie Kim (Ottawa). Each building also has a PSW Supervisor.</p> <p>The Director for Support Services (all buildings) is Lorie Stuckless. Most of the management team have offices on the second floor of the main building. You will find Mary Boutette’s office and Rachel de Kemp, Director of Nursing.</p> <p>Update from previous meeting – the Final report of the Interior Design Review has been received. The report will be used as a guide throughout the campus (LTC and Seniors Living apartments). Mary provided the history that the main LTC buildings were built in 1995, and although still very sound some of the features and details are due for a refresh.</p>
	<p style="text-align: center; vertical-align: middle;">2</p>

	<p>Update on Intergenerational Programming – The work with Andrew Fleck Childcare continues. The playgroup is operational on Fridays and the larger project to build out a day care continues.</p> <p>Update on Site Expansion – the Perley team is continuing in phase 0 of looking at the feasibility of expanding the site potentially for more Long Term Care beds and Independent Living – this phase will look at all aspects of a project of this nature.</p> <p>New – the Perley team is part of a pilot program with the Ottawa Paramedics. Other LTC in the program include Hillel Lodge and Bruyere Continuing Care. The focus of the pilot is related to falls and the option for provision of more services and care in the home to avoid trips to the hospital – this might include services such as advanced bloodwork, enhanced diagnostics.</p>
<p>3</p>	<p>2024 Family Quality of Life Survey and Quality Improvement Projects</p> <p>Melissa Norman, Perley Health, Director, Quality and Interprofessional Care, joined us to present the results of the 2024 Family Quality of Life Survey. She also updated us on the overall Quality Improvement Plan – key activities in 2024 and plans for 2025. The material is covered within the presentation that was provided with this set of notes.</p> <p>Melissa put out a request to Families and Friends to consider joining a couple of the teams –</p> <ol style="list-style-type: none"> 1. Care Conference Redesign project – Both families and residents are needed for this interprofessional project team. Initially to establish the project plan the meetings will be for an hour every two weeks. As the plan is more established it is expected the meeting will shift to monthly. 2. Quality Council – this is a Ministry mandated team to identify the quality initiatives to take forward. The team meets three times a year – September, January and April for 2 hours each time. <p>If you are interested hearing more of in joining either of these initiatives please contact us – familycouncil.perleyhealth@gmail.com and we will update the coordinators.</p>
<p>4</p>	<p>Wrap up</p> <p>A repeated welcome and thank you to all the families and friends who attended. We would be very happy to hear your ideas for the content of future Family and Friends Council meetings.</p> <p>The next meeting will be February 20th at 7:00pm over Zoom. Michelle Proulx, Manager for Therapeutic Recreation and Creative Arts at Perley</p>

	Health will join us to discuss the team, the programs, how residents can get engaged, information available for families and more.
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